

## 2019 List of events (to be updated throughout the year)

January- Challenge ESPN inspired 20 for 20 (20 push-ups for 20 days)

February- Challenge = "No Fast Food February"

February 3<sup>rd</sup> Hanford cow Run 13.1M, 5k run Hanford, Ca

February 8<sup>th</sup>-11<sup>th</sup> Winter Camping

February 23<sup>rd</sup> End of the Trail Half Marathon 13.1M, 10k run Visalia, Ca

March- Challenge = Prepare for U.S. Army fitness test, test last week of March.

March 2<sup>nd</sup> San Joaquin River Trail Half Marathon & 10k Auberry, Ca

March 17<sup>th</sup> Heavenly Half marathon 13.1M Shaver lake **ATTENDING**

April- Challenge =

April 13<sup>th</sup> Foam Glow 5k Fresno, Ca **ATTENDING**

April 13<sup>th</sup> Ruth Mckenzie Preserve Half marathon 13.1M, 10K, 5K trail run Friant, Ca

April 20<sup>th</sup> Bubble Run 5K Fresno, Ca

May- Challenge =

May 11<sup>th</sup> Yosemite Half Marathon 13.1M Bass Lake, Ca

June- Challenge =

July- Challenge = No Monthly challenge, eat clean and stay healthy for the Alcatraz swim!

July 27<sup>th</sup> SHARKFEST (Alcatraz swim 1.5M) **ATTENDING**

August- Challenge

August 17<sup>th</sup> Race the Peak 13.1M, 10K, 5K run Lakeshore, Ca

September- Challenge

September 22<sup>nd</sup> Wascally Wabbit Half-mowathon 13.1M, 5K run Fresno, Ca

October- Challenge

November- Challenge

November 3<sup>rd</sup> Twin Cities Marathon 26.2M, 13.1M, 13.1M relay

December- Challenge